

## BELLEVILLE SUPPORT for STUDENTS AND FAMILIES

### Where Can I get Health Advice?

<b>Bayview Medical Clinic</b>	613-968-5709
<b>Hastings &amp; Prince Edward Counties Health Unit</b>	613-966-5500
<b>Hastings and Prince Edward Counties Health Unit – Sexual Health Clinic</b>	613-966-5513, ext. 243
<b>Poison Control Centre</b>	1-800-267-1373
<b>Quinte Health Care Belleville General Hospital</b>	613-969-5511
<b>Telehealth</b>	1-866-797-0000

### Where Can I Go for Support Services?

<b>Addictions Centre Inc.</b>	613-969-0077
<b>AIDS Hotline</b>	1-800-668-2437
<b>Alcoholics Anonymous, Alateen, Al-Anon</b>	613-962-8700
<b>Children’s Mental Health Services</b>	613-966-3100
<b>Community Advocacy &amp; Legal Centre</b>	613-966-8686
<b>Counselling Services of Belleville &amp; District</b>	613-966-7413
<b>Crisis Intervention Hastings/Prince Edward</b>	613-962-7227 1-888-757-7766
<b>Drug &amp; Alcohol Information Line</b>	1-800-463-6273
<b>Gay &amp; Lesbian Information Line</b>	1-800-268-9688
<b>Hastings Children’s Aid Society</b>	613-962-9291 1-800-267-0570
<b>Kids Help Phone</b>	1-800-668-6868
<b>Mental Health Services Hastings Prince Edward Corp</b>	613-967-4734
<b>National Eating Disorder Information Centre</b>	1-866-633-4220
<b>Open Line Open Mind</b>	613-310-6736
<b>Sexual Assault Helpline</b>	1-800-263-3757
<b>Sexual Assault Centre for Quinte &amp; District</b>	613-967-6300 (24 hr) 613-967-6000
<b>Sexual Assault Response Program or Crisis Line</b>	613-969-7400 613-967-6000
<b>Three Oaks Foundation</b>	613-966-3074 1-800-267-0533
<b>Tyendinaga Mohawk Family &amp; Children Services Crisis Line Or QHC-Parent-Child and Youth Clinic</b>	613-967-2003 613-969-7400 ext 2024
<b>QHC Mental Health Services</b>	613-969-7400 ext 2024
<b>Youth Habilitation Quinte Inc</b>	613-969-0830

**Aboriginal Resources**

Path to Wisdom	613-967-2003
Red Cedars Shelter (Domestic Abuse)	613-967-3603
Toll Free – Crisis #	1-800-672-9515
Tyendinaga Health Centre	613-967-3616
Tyendinaga Social Services	613-967-2122
Tyendinaga Justice Circle	613-396-2122

**Websites**

**Internet Safety Websites**

- [www.cybertipline.com](http://www.cybertipline.com)
- [www.cybertip.ca](http://www.cybertip.ca)
- [www.cyberbullying.ca](http://www.cyberbullying.ca)
- [www.deal.org](http://www.deal.org)
- [www.cyberwise.ca](http://www.cyberwise.ca)
- [www.internet101.ca](http://www.internet101.ca)
- [www.prevnet.ca](http://www.prevnet.ca)

**Support for Victims of Bullying and Inequity**

- [www.kidshelpphone.ca](http://www.kidshelpphone.ca)
- [www.equalityrules.ca](http://www.equalityrules.ca)

**Healthy Sexuality Website**

- [www.sexualityandu.ca](http://www.sexualityandu.ca) is a very useful website both for youth, professionals and parents