

CENTRE HASTINGS SUPPORT for STUDENTS AND FAMILIES

Where Can I get Health Advice?

Centre Hastings Family Health Team (Gilmour)	613-474-0233
Bancroft Family Health Team	613-332-6783
Gateway Community Health Centre	613-478-1211
Hastings & Prince Edward Counties Health Unit	613-473-4247
Marmora Clinic	613-472-6131
Poison Control Centre	1-800-268-9017
Telehealth	1-866-797-0000

Where Can I Go for Support Services?

Addictions Centre (Hastings/Prince Edward Counties) Inc.	613-969-0077
AIDS Hotline	1-800-668-2437
Alcoholics Anonymous, Alateen, Al-Anon	1-888-214-0473
Children's Mental Health Services	613-473-1685
Community Advocacy & Legal Centre	1-877-966-8686
Counselling Services of Belleville & District	613-473-5255
Crisis Intervention Hastings/Prince Edward	1-888-757-7766
Drug & Alcohol Information Line	1-800-463-6273
Friends & Neighbours Support Centre	613-473-4111
Gay & Lesbian Information Line	1-800-268-9688
Hastings Children's Aid Society	1-800-267-0570
Kids Help Phone	1-800-668-6868
Mental Health Services Hastings Prince Edward Corp	613-478-9983
National Eating Disorder Information Centre	1-866-633-4220
Open Line Open Mind	613-310-6736
Sexual Assault Centre for Quinte & District	1-800-909-7007
Three Oaks Foundation	613-473-1976
Youth Habilitation Quinte Inc.	613-473-0400

Aboriginal Resources

Path to Wisdom	613-967-2003
Red Cedars Shelter (Domestic Abuse)	613-967-3603
Toll Free – Crisis #	1-800-672-9515
Tyendinaga Health Centre	613-967-3616
Tyendinaga Social Services	613-967-2122
Tyendinaga Justice Circle	613-396-2122
Tyendinaga Mohawk Family and Children Services Crisis Line	613-967-2003

Websites

Internet Safety Websites

- www.cybertipline.com
- www.cybertip.ca
- www.cyberbullying.ca
- www.deal.org
- www.cyberwise.ca
- www.internet101.ca
- www.prevnet.ca

Support for Victims of Bullying and Inequity

- www.kidshelpphone.ca
- www.equalityrules.ca

Healthy Sexuality Website

- www.sexualityandu.ca is a very useful website both for youth, professionals and parents