

NORTH HASTINGS SUPPORT for STUDENTS AND FAMILIES

Where Can I get Health Advice?

Bancroft Family Health Team	613-332-6783
Hastings & Prince Edward Counties Health Unit	613-332-4555
North Hastings Family Health Team	613-332-5692
Poison Control Centre	1-800-268-9017
Quinte Healthcare North Hastings – Hospital	613-332-2825
Telehealth	1-866-797-0000

Where Can I Go for Support Services?

Addictions Centre (Hastings/Prince Edward Counties) Inc.	613-332-6868
AIDS Hotline	1-800-361-2895
Alcoholics Anonymous, Alateen, Al-Anon	1-888-214-0473
Children’s Mental Health Services	613-332-3807
Community Advocacy & Legal Centre	1-877-966-8686
Counselling Services of Belleville & District	613-332-3227
Crisis Intervention Hastings/Prince Edward	1-888-757-7766
Drug & Alcohol Information Line	1-800-463-6273
Gay & Lesbian Information Line	1-800-268-9688
Hastings Children’s Aid Society	613-332-2425
Kids Help Phone	1-800-668-6868
Maggie’s Resource Centre	613-332-3010 Toll Free 1-800-267-0533
Mental Health Service HPE - Bancroft	613-332-3826
Mental Health Support Networks	Toll Free 1-877-347-7337
North Hastings Community Integration	613-332-2090
Ontario Works – Hastings County Social Service - Bancroft	613-332-3410
Ontario Works/Emergency Financial Assistance (intake screening unit)	613-771-9630
Sexual Assault Support and Crisis	613-969-0830 (24 hour) 613-967-6000
Youthhab – 16-24 year olds – Housing Referrals	613-332-5558
Youthhab Quinte Inc. Mental Health Referrals – 16-24 years	613-332-5558

Aboriginal Resources

Path to Wisdom	613-967-2003
Red Cedars Shelter (Domestic Abuse)	613-967-3603
Toll Free – Crisis #	1-800-672-9515
Tyendinaga Health Centre	613-967-3616
Tyendinaga Social Services	613-967-2122
Tyendinaga Justice Circle	613-396-2122
Tyendinaga Mohawk Family and Children Services Crisis Line	613-967-2003

Websites

Internet Safety Websites

- www.cybertipline.com
- www.cybertip.ca
- www.cyberbullying.ca
- www.deal.org
- www.cyberwise.ca
- www.internet101.ca
- www.prevnet.ca

Support for Victims of Bullying and Inequity

- www.kidshelpphone.ca
- www.equalityrules.ca

Healthy Sexuality Website

- www.sexualityandu.ca is a very useful website both for youth, professionals and parents